

# **SAFE SCHOOLS**

Outstanding Programs for Pre, Primary & Secondary School focused on awareness, prevention, resilience, dreams & leadership.

We shift students thinking ... making a difference to your school community.







## S.A.F.E Kindy Program

S.A.F.E KINDY will help teach safety & bawareness to children between the ages of 3 & 6.

## THREE ELEMENTS MAKE UP THE S.A.F.E KINDY PROGRAM

- 1. Discussion & slide show about being SAFE.
- 2. Memory Game know your neighbourhood.
- 3. Role Play Making a 000 call.

#### CONTENT

- Who are SAFE People?
- Do you know where you live?

- Know your neighbourhood memory game
- What are SAFE Places?
- Why shouldn't you talk to strangers?
- Computers and the Internet
- Answering the door
- Talking on the phone
- How to get help making a 000 call.

#### PARENT HANDBOOK

Each child receives a S.A.F.E KIDS HANDBOOK to take home and read with their parents.

## S.A.F.E Kids Program



S.A.F.E KIDS will help reduce bullying, teach internet safety, responsible choices and stranger danger awareness.

Common sense, safety for primary school children between the ages of 5 and 13.

The S.A.F.E KIDS program empowers parents, teachers and children to embrace safe habits.

#### **BULLYING**

It's not 'cool' to bully.
How to avoid bullying.
How to deal with bullying.
Acting brave and confident.
What can the group do to reduce bullying in their school?

#### STRANGER DANGER

Answering the door or phone. How to make an emergency call. Playing in front yard, parks or walking home from school. Accepting lifts or gifts.

#### **INTERNET SAFETY**

Face book, MySpace, YouTube & chat rooms.

#### **AWARENESS**

Flick the switch on ... being aware will keep you S.A.F.E. We shift their thinking to better read potentially dangerous situations by being aware of unsafe feelings, places & people. We teach how to use peripheral vision - 007 eyes. Know your neighbourhood and environment.





## S.A.F.E Teen Program



S.A.F.E TEEN will help teach safety awareness, better cope with stress and depression, as well as build confidence on how to deal with everyday risky situations.

We teach common sense awareness, vital relationship and communication skills, along with role play and video to shift thinking in students between the ages of 12 and 18.

#### S.A.F.E FEELINGS

#### S.A.F.E RELATIONSHIPS

Everyone in a relationship needs to respect each another even when angry or fighting.

Families, Girlfriends, Boyfriends, Friends. We talk about how to communicate emotions without anger.

#### CYBER S.A.F.E

What is OK and what is not - all forms cyber safety. We delve into common situations and show how to deal with bullying, predators, and personal images and information.

#### AWARENESS IS KEY TO STAYING SAFE

We shift their thinking to better read potentially dangerous situations by being aware of unsafe feelings, places & people.

## S.A.F.E Choices Program



S.A.F.E CHOICES will help teenagers say no to drugs and alcohol, recognise and provide tools to deal with unsafe feelings, as well as teach general awareness in their everyday life to improve their personal safety.

Common sense, SIMPLE TO FOLLOW safety for secondary school children between the ages of 12 and 18.

#### S.A.F.E FEELINGS

Remind yourself why are you special? Understand everyone feels down from time to time. Reading the signs. Tips on how to feel good and 'shift' low, angry or sad moods.

SAFE Thoughts > Fact! What you think you become.

Your thoughts are energy and put out radio

waves like a TV signal. You will put out good vibes or bad vibes depending on your thoughts. Less time thinking and caring what others think. More time focusing on things that make you happy, goals and relationships.

#### S.A.F.E CHOICES

Drugs & Alcohol - learning how to say no & still save face. 5 things you probably didn't know about party drugs and binge drinking.

S.A.F.E ways to party, without loosing control.

#### CYBER S.A.F.E

#### AWARENESS IS KEY TO STAYING SAFE

We shift their thinking to better read potentially dangerous situations by being aware of unsafe feelings, places & people.



### S.A.F.E Schoolies Program

S.A.F.E SCHOOLIES will help teenagers understand the risks and choices they will face during Schoolies week.

#### S.A.F.E CHOICES

Drugs & Alcohol - 5 things you probably didn't know about party drugs & binge drinking. Where are the Safe places & people if you get into trouble?

Drink spiking and date rape or robbery could happen to you.

#### S.A.F.E PARTIES

S.A.F.E ways to party, without loosing control. Stick to the beaches or areas where there are dedicated events for you.

The dangers of Toolie parties, clubs and hotels room parties. Using the free walk home service from Red frog volunteers, who's looking out for you or your friends? Party survival tips - recovery advice.

#### S.A.F.E RELATIONSHIPS

Respect both parties must consent and have a choice. How to handle unwanted advances. Practice responsible, safe sex. Binging behaviour can ruin relationships.

#### AWARENESS IS KEY TO STAYING SAFE

Learning how to use peripheral vision to read people and places. Importance of being well prepared and understanding the area - safe places and locations.

We shift their thinking to better read potentially dangerous situations by being aware of unsafe feelings, places & people.

## Take away information GOLD COAST & SUNSHINE COAST

- Red Frogs brochure with walk home service telephone number.
- Events & activities flyers.

KINDY 30 min- 45 min (20 children)	\$350 Group
KIDS 60 min - min booking (40 children)	\$880 \$20 Each
CHOICES 60 min - min booking (50 children)	\$750 \$20 Each
SELF DEFENSE 60 min - min booking (50 children)	\$750 \$20 Each
SPECIAL NEEDS 45 - 60 min - (30 people)	\$450 Group

