

SAFE PARENTING PROGRAM

Parenting in the 21st Century is tough! This special, hands on workshop series will teach you the **MUST KNOW FACTS EVERY** Parent wants to know.



INSTRUCTION MANUAL

- Warning Signs
- Threats
- Tricks
- Myths
- Tips

As Parents we all have to have difficult conversations with our kids. They don't always listen. For the 1st time the Experts have put together a series that will tackle all the challenging topics Parent face and teach them how using the simple Tips and Tools.

This fantastic new workshop series steps you through all the difficult challenges and dangerous scenarios you are likely to face with your children and provides the answers.



THESE ARE THE 'MUST KNOW' FACTS FOR PARENTS!

HAVE YOU EVER WANTED ... an 'INSTRUCTION MANUAL' for your kids?
Well this is it! SIMPLE Strategies that will dramatically improve family harmony.

PREVIOUS PROGRAM SOLD OUT! LIMITED BOOKINGS AVAILABLE

\$99 PER WORKSHOP OR SERIES SPECIAL = \$600

OPTION FOR FLEXIBLE PAYMENT TERMS - 10 MONTHLY INSTALLMENTS OF \$60

THIS WORKSHOP OFFERS THE SIMPLE TRUTHS & REAL HELP FOR PARENTS

– how to have difficult conversations with you kids about:

social media, internet and gaming, reputation damaging behaviour, drugs, partying safely, dating, saving their virginity, birth control, destructive behaviour - stealing, lying, self harming behaviour, eating disorders, depression or aggressive behaviour, bullying or street self defense and much more.

SMS BOOKINGS - Text your name and number to 0404 843 405



SAFE PARENT PROGRAM

Empowering Parents to have the best relationship possible with their children, as well as provide the essential tools to reduce the risk, of being targeted by criminals & predators.

Venue: Victoria Park Golf Complex - Herston Rd, Brisbane QLD 4006

Safe Parent Workshop Series	Workshop Topics Interactive, hands on, fun workshops	2015 Dates
1. How to Protect your kids whilst using Social Media, the Internet & Gaming	<ol style="list-style-type: none">1. How to prevent your children from being targeted by predators.2. How to manage the technology, conversation & rules for the internet gaming & social media.3. Social etiquette – Greetings, Interviews, Phones & key social manners - how to teach your kids to communicate with respect and pride.4. The ABC's of Safety - Awareness, Body Language & Communication5. 5 tips that could save the life of someone you love.6. Warning Signs + Threats + Tricks + Myths + Tips	March 1st Sunday 1pm – 3pm
2. How to protect your Teenagers Reputation & deal with concerning behaviors	<ol style="list-style-type: none">1. Social Media – photos and video ... what not to post.2. Drugs & Drinking ... Moral Dilemma's – what would you do if...?3. Age appropriate clothing & behaviour – what do you do if their friends are allowed and they aren't? Maturing too fast4. Dating, 1st Love, respectful relationships, birth control and saving your virginity.5. Date Rape Prevention & Self Defense Techniques.6. Warning Signs + Threats + Tricks + Myths + Tips	April 19th Sunday 1pm – 3pm

<p>3. Safe Thoughts & Feelings</p>	<ol style="list-style-type: none"> 1. How to help a child who is feeling vulnerable, targeted or depressed. 2. Tools that the whole family can apply to their everyday life. 3. How to have conversations with you children about what they are thinking and feeling and how to cope with disappointment. 4. Essential Tips to building a happy, confident, self-aware child. 5. What are the early warning signs of Depression, self-harm and eating disorders? 6. Exercise and Diet – how much they affect your child’s happiness and wellbeing 7. How to improve your mood within 10 minutes using the Ian Jacobs World Champion Program 	<p>May 31st Sunday 1pm – 3pm</p>
<p>4. Conflict, Bullying & Handling Confrontations</p>	<ol style="list-style-type: none"> 1. How to talk to your kids about bullying. What can they do to reduce the risk or prevent? 2. What do you do if your child is being bullied? 3. The ABC’s of Safety - Awareness, Body Language & Communication 4. Surviving the Teenage Years – saving your marriage – tips to help Parents stay together, better support, and spend quality time with each other. 5. Managing difficult split custody situations. 6. How to handle a confrontation at school or work. 	<p>July 5th Sunday 1pm – 3pm</p>
<p>5. How to create a Safe Environment in the Home</p>	<ol style="list-style-type: none"> 1. How to get the best out of your relationships. 2. Family Harmony Rules – Respectful behaviour. 3. Moral Dilemma’s – what would you do if...? Found someone breaking into your house? Found drugs in your kids room? Catch teenager stealing or find out they are having sex? Or if your Teen brought home by the police drunk? Tips on what to do. 4. Technology, monitoring, apps & tracking what your kids are up to or who is in your house. 5. Warning Signs + Threats + Tricks + Myths + Tips 6. Using your environment – how to defend yourself in your house – what NOT to do. 	<p>August 9th Sunday 1pm – 3pm</p>
<p>6. Street Violence– the Must Know FACTS to staying safe</p>	<ol style="list-style-type: none"> 1. The ABC’s of Safety - Awareness, Body Language & Communication 2. How to turn on your situation awareness – to identify dangerous locations, situations & People. We show you what to do in the most common, dangerous scenarios. 3. Getting home safely after dark. 4. Planning to be safe – concerts, festivals, sporting events and large crowds. 5. How to prevent your children from being tricked with Drink spiking, Date Rape & other common Party Crimes 	<p>September 6th Sunday 1pm – 3pm</p>
<p>7. Essential Family Fitness Plan & Self Defense moves</p>	<ol style="list-style-type: none"> 1. How to prevent being targeted by Criminals & Predators. 2. Tips to staying safe, healthy, together and being happy. 3. Essential Family Fitness Plan – how to develop your own fitness plan that suits your family. 4. How to avoid common health issues and threats such as obesity and depression. 5. How to defend yourself against common grabs, and holds and strikes. 6. The essential family self defense techniques 	<p>October 4th Sunday 1pm – 3pm</p>